



the final fling

FROM CHIC AND CLASSY TO DOWN RIGHT TRASHY, BACHELORETTE PARTIES SHOULD BE JUST AS VARIED AS THE BRIDES INVOLVED

After attending three weddings in four weeks this past fall, it was apparent to me that a bachelorette party can be just as unique as the bride. From fine wining and dining to jaw-dropping (and, ahem, *pants dropping*) displays, we've done the dirty work to help you plan out an unforgettable "last night" bash—*your way*.

CLASSY DIVA

For the more modest bride, a day of indulgence and pampering will calm any wedding jitters and help her unwind with her closest girlfriends. Try Natural Elements Spa in Chesapeake, which caters to small groups offering a range of packages with treatments like massages, pedicures and facials. "We offer full salon services now, with anything from hair, makeup, nails, inches lost," notes salon owner Audrey Brown. "We work with Sterling's [restaurant] and we can bring food in and do a catering thing, too." www.natural-elementsspa.com

Of course, it wouldn't really be a bachelorette party without at least a little imbibing. Hampton Roads is brimming with chic bars and lounges offering wine tastings at a reasonable price. Check out the Williamsburg Winery or shoot up the Eastern Shore to sample from their wine trail. For a light tasting, Lubo Wine Bar & Café in Virginia Beach caters to private parties with a separate tasting room and a seasonal tasting menu. www.lubowines.com

NAUGHTY NIGHT IN

For a bachelorette who wants to have fun with the girls in a scandalous yet safe environment, a naughty slumber party provides the best of both worlds. Call up Letty Brown of Slumber Parties by Letty and your job is done—all you have to do is provide the party place (typically the bride or maid of honor's home) within Hampton Roads. "I come in with a rack of lingerie in all different colors and sizes. And I have a table set up with massage oils, candles, and lotions," Brown says.

While the toys that she's selling are more KY than KB, Brown lightens the mood by having everyone participate in games that "sound naughtier than they are ... to loosen everyone up and get some laughs."

And while a naughty slumber party may sound risqué, Brown points out that it's much more than lotions and lingerie. "You bond because it's a lot of fun and you are going to laugh until your sides hurt. It's something different from just going to a bar—a more interesting alternative. You get to learn about each other." www.slumberpartiesbyletty.com

OUT ON THE TOWN

As Cyndi Lauper so eloquently put it, "girls just wanna have fun!" So if your bachelorette is banking on an all-out, wild night, hitting the clubs is going to be at the top of her list. While it's always good to indulge the bride-to-be, kick it up a notch by starting your romp at ESTEEM Fitness in Virginia Beach, which offers unique bachelorette party packages with the option of a pole or lap dance class.

"On the pole, they're going to learn how to walk, some basic spins, a lot of hip movement and posing. And a floor routine that they can take home," says owner Jody Jones. "It's a safe place for them to let loose and get in touch with their wild side and prepare for that wedding night." www.esteem-fitness.com

Just bring your highest heels, some nerve-building beverages, and an open mind.

And while that mind of yours is open, keep it there if you dare and visit Virginia Beach's Rainbow Cactus for the Drag Show every Friday night. It's not New York City caliber, and it's raunchy and ridiculous, but some of these buxom ladies really do know how to shake it.

If men dressed as women isn't your thing and you'd rather see them in all their macho glory, break out your dollar bills and get ready to see much more than you bargained for with the Southern Gentlemen. These brazen boys will bare *almost* all at Kokoamos in Virginia Beach every Saturday evening and The Banque in Norfolk every Thursday evening. Let's just say this is not for the tame bachelorette.

—Ashley Schaefer